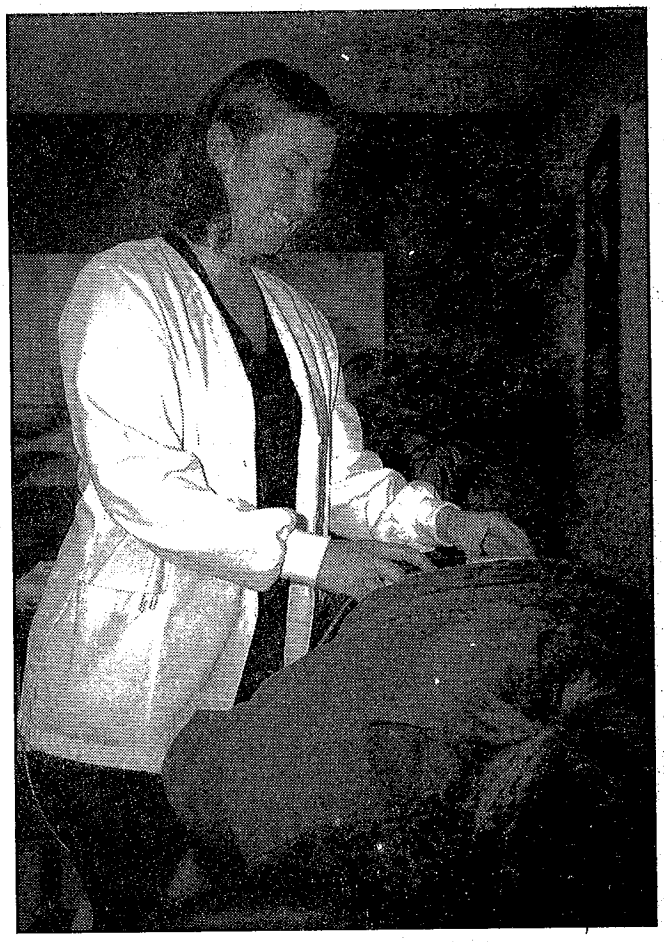
Renew your body, health



A common belief we hold as we age is that aches and pains are a rite of passage we must all undergo. Not so, assures Pamela Jans, of Health Renew. Working with Low Level Laser therapy, an exciting breakthrough in medical technology, that is new to North American but has been widely used throughout Europe for the past 35 years, Ms. Jans and the other certified therapists on her staff are bringing patients pain relief from a variety of ailments with outstanding results.

In Canada for over five years, it has been an exciting journey for Jans and her staff who have seen the technology go from relative obscurity to mainstream usage. This usage has in the past few months even come under the coverage of many insurance companies upwards of $500.00 per year.

"The question that is asked time and time again is "Are you certified?" says Jans. "It is the fact that we are certified and included under the Alberta Radiation Act that has led insurance companies to recognize the therapy and offer coverage for it for these past 5-6 months."

With the therapies acceptance in the insurance industry, the next task before the staff of Health Renew is to educate the public on the many benefits achievable with laser therapy.

"People hear the word "laser" and get scared. They think it will burn or hurt or both. They don't seem to realize that it is a low level intensity laser that soothes while promoting the body's own healing process by shining deep into the body and stimulating the body's own natural photoreceptors."

A healing that no other therapy can match.

Working in partnership with the Powers & Jans Centre in its brand new state of the art facility located at 737 – 6th Street SE, Health Renew has a professional working relationship with the chiropractors of the Health Centre. A partnership that makes the product Health Renew offers their patient just that much better.

When a patient comes to Health Renew Laser Therapy for the first time, they are examined and evaluated by an onsite chiropractor to diagnose the specific cause and effect of the injury or pain in question. From there, in consultation with the patient, the best therapy is decided upon.

Ms. Jans says Laser Therapy works well for musculo-skeletal injuries and ailments. But a particularly successful area of treatment has been sinuses. "We love working on sinuses," Jans says.

"We work with the patient to determine what they want. It is a healing therapy for the entire body," Ms. Jans stresses.

Ailments that have seen success with this therapy include: headaches, neck pain, back pain or back injuries, shoulder pain, tennis/golfer's elbow, tendonitis, sprains and strains, carpel tunnel syndrome, hip pain. Truly the benefits of this therapy are endless.

Says Jans "With many of the ailments, treatment with Laser therapy can slow down and occasionally replace the need for surgery, such as hips and knees."

Indicating a stack of testimonials from the many patients Health Renew has helped walk away from a life of pain, Jans says "The results are really phenomenal."

Take for instance Janet, a patient who had very little strength in her wrists and whose wrists ached almost constantly. "I needed to use both hands just to have a drink of water and quite frequently 2-4 fingers would go to sleep. I was worried about it quickly becoming carpal tunnel."

After only 10 sessions of Laser therapy Janet was amazed, "Laser was absolutely painless and the benefits priceless. I would highly recommend this type of treatment for everyone, young and old."

"Pain does not have to be your constant companion anymore," says Ms. Jans. "With Laser Therapy, we are seeing such dramatic results. It's an exciting field to be in right now and its popularity is exploding, because it works."

Sidebar: "Laser was absolutely painless and the benefits priceless. I would highly recommend this type of treatment for everyone, young and old."